

# E.S.L. with Chris Chrepta





THURSDAY, 1/2 & 1/16, 6-8 PM.

Join us for FREE ESL instruction with Chris Chrepta. English lessons for beginner and intermediate are offered during this class.

Zoom Meeting ID: 843 0339 8067 Passcode: education

# **Monmouth County Dept. of Social Services**

THURSDAYS, 10 AM - 4 PM. The county will provide resources and programs for a variety of needs. Appointments are preferred. Please call Janice or Mariana at the Family Success Center to schedule an appointment.



### **Outreach with Fulfill**

MONDAYS, 9 AM - 4 PM.

Free screenings and assistance for SNAP, WIC, and Affordable Healthcare applications.



# Kid's Cooking Class with NJ SNAP Ed

TUESDAY, JANUARY 7, 4-5 PM. NJ SNAP Ed will teach our kids fun, easy, and affordable ways to stay active and eat and cook healthy. The whole family will learn how to make healthy meals and snacks. The first three families to log on will receive a gift card. Please call ahead to register: (732) 571-1670. This class is virtual. Zoom Meeting ID = 849 1179 0591 Passcode = yummy



### **Harm Reduction Mobile Unit**

WEDNESDAYS, 10 AM - 12 PM. Visit the mobile unit in front of the Family Success Center on Broadway for FREE harm reduction counseling. On-site services include overdose prevention, syringe access and sterile tools, test strips, nursing services, wound care, sex ed counseling and supplies, as well as linkages to social services, legal, housing and other community resources. Visit us to learn more.



# Casa Freehold with Dolly Hernandez

WEDNESDAY, JANUARY 22, 11 AM - 2 PM.

Meet with Dolly Hernandez, Executive Director, Casa Freehold. Dolly will help immigrant parents with issues related to documentation, legal, school systems, medical, employment, and pay. Appointments are preferred. Please call Janice or Mariana at (732) 571-1670 to schedule an appointment.



# Prevention Resource Network/VNA HIV, STD Testing Van

WEDNESDAYS, 11 AM - 1 PM. FREE CONFIDENTIAL HIV/Aids/STD testing. Look for the testing van in front of the Family Success Center located on Broadway. Results in 20 minutes!



# Beacon of Life Outreach



THURSDAY, 1/9 & 1/23, 10 AM - 1 PM. Meet with Beacon of Life to learn about supportive services provided for adults 55+. The team will assess you for safety and independence. This is a Medicare/Medicaid program. Walk-ins welcome!

# Stay Warm Kid's Craft & Activity

THURSDAY, JANUARY 16, 4-5 PM. Join us in person for a fun winter activity and craft. We'll enjoy "warm" beverages and healthy treats, too! This activity is in person at the Family Success Center.



# Martin Luther King Jr. Day: OFFICE CLOSED 1/20



# VNA HG Flu Shots, COVID Vaccines & Blood Pressure Screenings

TUESDAY, JANUARY 21, 1-3 PM. Flu shots for uninsured and insured, COVID vaccines for insured and blood pressure screenings by VNAHG. Give-aways for those who receive the COVID vaccine. Walk-ins welcome!

### **Ask the Doc**

TUESDAY, JANUARY 28, 12-1 PM. Dr. Pyne and her team will discuss common viral illnesses in children and how to treat them. This valuable information will help parents prevent and address kids getting sick during the long winter months. The doctors will help with appointments for those families that need them. We'll have lunch together, too! Kids welcome for a fun activity!



### **Baby Pantry & Formula**

TUESDAY, JANUARY 28, 1–4 PM. Baby pantry items are available to parents registered at the Family Success Center. Please call on Monday to reserve your items.





VISIT US

300 Broadway Long Branch NJ 07740 2nd Floor, St. James Admin. Building CONTACT (732) 571-1670 www.coastalfsc.org



# JANUARY ACTIVITIES

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			New Year's Day OFFICE CLOSED	Monmouth County Dept. of Social Services 10 AM - 4 PM E.S.L with Chris Chrepta 6-8 PM	e0	4
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26	27 Outreach with Fulfill 9AM - 4 PM	Ask the Doc 12-1 PM Baby Pantry 1-4 PM	Harm Reduction Mobile Unit 10 AM - 12 PM HIV & STD Testing Van 11 AM - 1 PM	30 Monmouth County Dept. of Social Services 10 AM - 4 PM	31	